

# LUNCH MENU

From 12 - 3pm | \*Dishes served 12 - 5pm

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### "Pinsa" Sourdough Roman focaccia

Pinsa dough is made from a combination of soy, rice & wheat flour. This makes Roman Pinsa a much healthier alternative to traditional pizza.

**Diavola** *Spianata Calabra, ndujia, mozzarella cheese, tomato sauce & oregano* d-g-mu-s-sd 22

**Goats cheese** *Sundried tomato, red onion jam, mozzarella cheese & oregano* d-g-mu-s-sd 22

## NIBBLES

**Olives** *Italian green olives marinated with lemon & oregano* ✓ 4.5

**Selection of breads** *Homemade artisan breads, & Tarallini pugliesi with Bungay Suffolk butter & extra virgin olive oil* V d-g-sd 7.5

**Hummus & flat bread** ✓ g-se 8

**Padron peppers & Maldon sea salt** ✓ 6.5

**Truffle Pecorino, tarallucci & hand cut spicy Italian salami** d-g-mu-s-sd 9

**Roasted chicken wings** *Spicy "arrabiata" sauce* sd 9.5

## SANDWICH, PASTA & SALAD

**Chickpea & spinach soup** *Aromatic herb oil* V d-e-g-n-s-sd 9

**\*Maldon cured smoked salmon** *On sourdough brioche bun, cream cheese, pickled fennel & seasoned fries* d-f-g-mu 22

**\*Ciabatta sandwich** *Italian sausage meat, smoked mozzarella, caramelised red onion & seasoned fries* d-e-g-s 18.5

**\*Caprese sandwich** *Mozzarella di Bufala, plum tomato basil mayonnaise, sourdough ciabatta bread & seasoned fries* d-e-g-s-sd 18.5

**Prime steak burger** *Truffle & parmesan mayonnaise & seasoned fries* d-e-g-mu-sd 24

**Tortiglioni pasta** *Tomato & basil sauce, fresh Burrata cheese* d-g-sd 18.5

**Classic Roman pasta dish "cacio & pepe" with a twist** *Prawns, pecorino cheese & black pepper* c-ce-d-g-f 18

**Warm winter salad** *Seasonal vegetables dressed with pistachio nuts, pumpkin seed oil & pomegranate dressing* ✓ n-s-sd-se 14.5

With goats cheese 18

With prawns 22

With chicken 24

**Niçoise salad** *Mediterranean salad, boiled free-range egg & Dijon dressing* ce-e-f-mu-sd

With mackerel 18.5

With chicken 24

All fish dishes may contain bones.

## SIDES

**Seasoned fries** ✓ sd 6

**Tomato & red onion salad** ✓ sd 6

**Mixed salad leaves with tomato** ✓ mu-sd 6

Allergens key

c crustaceans | ce celery | d dairy | e eggs | f fish | g gluten | l lupin | m molluscs | mu mustard | n nuts | p peanuts | s soya | sd sulphur dioxide

se sesame seeds | V vegetarian | ✓ vegan - we are unable to guarantee a 100% nut-free preparation environment